



CONTACT

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Ben Woody

With over a decade of experience, Ben Woody is a seasoned trial attorney who focuses on the defense of catastrophic personal injury, property damage claims and insurance coverage disputes throughout state and federal courts in Virginia, North Carolina, Maryland and the District of Columbia. He has tried over 100 cases to verdict and successfully resolved hundreds of additional matters through motions, mediation and arbitration, achieving favorable outcomes in complex, high-stakes litigation.

Beyond his legal practice, Ben is actively engaged in several professional organizations, contributing to the advancement of his field. He is the co-chair of the Transportation and Admiralty Section of the Virginia Bar Association, a member of the American Bar Association (ABA) Tort, Trial and Insurance Practice's Admiralty and Maritime Law Committee and the former chair of the Virginia Association of Defense Attorneys' Products and Toxic Torts Section.

Ben has written extensively on civil litigation, admiralty and maritime law and insurance law, with articles published in respected journals such as the *ABA TIPS Law Journal, Tulane Maritime Law Journal, University of San Francisco Maritime Law Journal* and the *Journal of Civil Litigation.* He also contributed for six years to the ABA's *Tort Trial & Insurance Practice Law Journal*, providing insights on recent developments in admiralty and maritime law. In addition, Ben regularly presents at seminars and conferences, addressing key legal issues for organizations such as the American Bar Association and the Virginia Association of Defense Attorneys.

PRACTICE AREAS

Insurance Coverage Litigation



Curriculum Vitae

EDUCATION

Tulane University Law School (LL.M, Admiralty)
Elon University School of Law (JD)
Virginia Polytechnic Institute and State University (BA)

PROFESSIONAL MEMBERSHIPS

American Bar Association (Tort, Trial & Insurance Practice; Admiralty & Maritime Law Committee)

DRI

Virginia Association of Defense Attorneys (2023-2022: Chair, Products & Toxic Torts Section; 2022-2020: Vice-Chair, Products & Toxic Torts Section)

Virginia Bar Association (Co-Chair, Transportation and Admiralty Section)

Virginia State Bar

BAR ADMISSIONS

Maryland (2020)

District of Columbia (2019)

Virginia (2016)

United States District Court for the Eastern and Western Districts of Virginia

United States District Court for the Middle District of North Carolina

United States District Court for the District of Maryland

United States District Court for the District of Columbia

United States Court of Appeals for the Fourth Circuit

United States Court of Appeals for the District of Columbia Circuit

AWARDS

Best Lawyers©: Ones to Watch - Personal Injury Litigation - Defendants (2022-2026)

Virginia Super Lawyers - Rising Stars - Civil Litigation: Defense (2022-2024);

Personal Injury: Defense (2025)

Virginia Business Legal Elite - Young Lawyers (2019-2023)

PUBLICATIONS

Internet of Things in Civil Litigation - Journal of Civil Litigation, 33 J. Civ. Litig. 15 (Spring 2021)

Recent Developments in Admiralty and Maritime Law - ABA TIPS Law Journal, Vol. 55, No. 2 (Spring 2020)

Sinking Uberrimae Fidei: How the Eighth Circuit's Decision in St. Paul Fire & Marine Ins. Co. v. Abhe & Svoboda Accidentally Sank the Doctrine before the Insurance Act of 2015 Could - Tulane Maritime Law Journal, 40 Tul. Mar. L.J. 573 (Summer 2016)



Get Back to Where You Once Belonged: Decisions on Personal Jurisdiction Should Precede Maritime Choice of Law Disputes to Prevent Unnecessary Invocation of Forum Non Conveniens - University of San Francisco Maritime Law Journal, 29 U.S.F. Mar. L.J. 71 (2017)

There Be No Shelter Here: Why Misreading Sinochem International Shipping Co. v. Malaysian Shipping Co. Renders Decisional Sequencing Necessary - Tulane Maritime Law Journal, 41 TUL. MAR. L.J. 317 (Winter 2017)

Recent Developments in Admiralty and Maritime Law - Contributing Author, 57 Tort Trial & Ins. Prac. L.J. 171 (Spring 2022)

Recent Developments in Admiralty and Maritime Law - Contributing Author, 56 Tort Trial & Ins. Prac. L.J. 185 (Spring 2021)

Recent Developments in Admiralty and Maritime Law - Contributing Author, 55 Tort Trial & Ins. Prac. L.J. 77 (Spring 2020)

Recent Developments in Admiralty and Maritime Law - Contributing Author, 54 Tort Trial & Ins. Prac. L.J. 269 (Spring 2019)

Recent Developments in Admiralty and Maritime Law - Contributing Author, 53 Tort Trial & Ins. Prac. L.J. 157 (Spring 2018)

Recent Developments in Admiralty and Maritime Law - Contributing Author, 52 Tort Trial & Ins. Prac. L.J. 175 (Spring 2017)

PRESENTATIONS

(April 4, 2016)

Defending Non-Auto Cases: Boats & Personal Watercraft - Virginia
Association of Defense Attorneys Spring Seminar (May 7, 2021)
The Lauritzen-Rhoditis Lie: Saving Jones Act Claims from an Atrophied Choice of Law Analysis - American Bar Association Tort, Trial & Insurance Practice
Committee's Presentation of Tulane Maritime Law Journal (October 27, 2016)
Insurance Act 2015 and Uberrimae Fidei: The Sinking of a Harsh,
Anachronistic Doctrine - International Graduate Legal Research Conference

Sinking the Duty of Uberrimae Fidei before the Insurance Act of 2015 Could - American Bar Association Maritime Law Committee's Presentation of Tulane Maritime Law Journal (March 17, 2016)