

CONTACT

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Kristine L. Prati

RALEIGH, NC

Kristine Prati focuses her practice exclusively on workers' compensation defense, representing employers and insurance carriers throughout North Carolina. A Board Certified Specialist in Workers' Compensation Law, Kristine brings extensive experience handling claims through every stage of the litigation process, from mediation and hearings before the North Carolina Industrial Commission to matters before the Full Commission and North Carolina Court of Appeals.

Kristine regularly appears before the North Carolina Industrial Commission at the administrative, Deputy Commissioner and Full Commission levels and represents clients in appellate matters. She has also held several leadership positions with the North Carolina Association of Defense Attorneys, including a three-year term on its Board of Directors and prior roles as Chair and Vice-Chair of its Workers' Compensation Practice Group.

A certified instructor through the North Carolina Department of Insurance, Kristine frequently speaks to workers' compensation and insurance professionals on emerging legal issues, claims practices and developments in North Carolina workers' compensation law. Her presentations have addressed topics including employee fraud, medical treatment and physician communication, developing case law, claims handling and the interplay between workers' compensation benefits.

In her personal time, Kristine can often be found at the soccer field with her two boys, cheering on the Chicago Bears or listening to Dave Matthews Band.

PRACTICE AREAS

Workers' Compensation

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Curriculum Vitae

EDUCATION

University of Illinois - Urbana Champaign (JD)
State University of New York (BA, magna cum laude)

PROFESSIONAL MEMBERSHIPS

North Carolina Association of Defense Attorneys (2023-2026: Board of Directors; 2022-2023: Chair of Workers' Compensation Practice Group; 2021-2022: Vice-Chair of Workers' Compensation Practice Group)
North Carolina Bar Association (Workers' Compensation Section)
Wake County Bar Association

BAR ADMISSIONS

North Carolina (2003)

CERTIFICATIONS

Board Certified Specialist in Workers' Compensation Law (North Carolina State Board of Legal Specialization)

PRESENTATIONS

"Employee Fraud in the Workers' Comp System" - North Carolina Public Risk Management Association (PRIMA) Annual Conference (2025)
"Troubling Trends in Workers' Compensation" - North Carolina Association of Defense Attorneys 48th Annual Meeting (2025)
"Best Practices for Communicating with Physicians" - North Carolina Industrial Commission Annual Conference (2024)
"Impact of Recent Opinions in Workers' Compensation" - North Carolina Association of Defense Attorneys 46th Annual Meeting (2023)
"'Futility' Cases in Workers' Compensation" - North Carolina Association of Defense Attorneys 45th Annual Meeting & 12th Biennial Judicial Candidates' Forum (2022)
"Erosion of the Employer's 'Right to Control' Medical Treatment" - North Carolina Public Risk Management Association (PRIMA) Annual Conference (2021)
"Erosion of the Employer's 'Right to Control' Medical Treatment" - North Carolina Association of Self-Insurers Annual Conference (2021)
"Insurance Product Primers" - North Carolina Advocates for Justice Annual Conference (2021)
"Case Law Update" - North Carolina Association of Self-Insurers Annual Conference (2017)

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