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MGC Long Run Gives \$25,000 to USO South Carolina

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Total Charitable Giving Over Five Years Nearly \$125,000

The <u>MGC Long Run</u> raised \$25,000 for USO South Carolina. The USO South Carolina is a nonprofit organization that strengthens America's military service members by connecting them to family, home and country throughout their service to the nation. The donation is a result of the 2018 MGC Long Run 15k, 15k Relay, 5k and Kids' Fun Run that took place on Feb. 3.

This year's race had over 600 runners and walkers and over 125 volunteers. The Long Run was presented by McAngus Goudelock & Courie, a regional insurance defense firm headquartered in Columbia. The Not-So-Long Run 5k was presented by Midlands Orthopaedics, P.A.

"MGC is proud to bring the Long Run to Columbia each year as an effort to recognize and support our troops," said Rusty Goudelock, one of MGC's founding members. "Our service men and women protect us each and every day, and the USO is there to serve each and every one of them. We are honored to give such a donation to the USO South Carolina again this year and to be able to make significant contributions to nonprofits over the past five years through this race."

This year was the fifth year for the MGC Long Run. The MGC Long Run has raised \$124,680.31 for nonprofits since it began in 2014. The 2019 race will take place on Sat., Feb. 2, and will feature a 15k, 5k and Kids' Fun Run. More information can be found at <u>www.mgclongrun.com</u>.

About the MGC Long Run

The MGC Long Run 15k|5k will take place in downtown Columbia on Saturday, February 2, 2019. The race is presented by McAngus Goudelock & Courie, a regional insurance defense firm headquartered in Columbia, and net proceeds will benefit the USO South Carolina. For more information, please visit <u>www.mgclongrun.com</u>.

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